



PROGRESS

PROMOTING GENDER RIGHTS, EQUALITY SKILLS IN SPORT

A PROJECT TO STRENGTHEN THE SKILLS OF SPORTS ORGANISATIONS AND THEIR TRAINERS ON GENDER EQUALITY BY PRODUCING TRAINING MODULES.

CONTEXT

Promoting gender equality in sport is key to building a fairer and more inclusive society. Despite progress, inequalities persist: underrepresentation of women, LGBTQIA+ individuals, and other marginalised groups, gender stereotypes, and barriers to leadership roles. The sports sector remains shaped by discriminatory norms, further challenged by rising anti-equality movements. Urgent collective action is needed to ensure equality, diversity, and inclusion across all areas of sport.

NEEDS

PROGRESS identifies the following needs to address:

- **Lack of training materials** specifically aimed at professional sports trainers, covering gender stereotypes, inclusive coaching practices, and equal opportunities in sports
- **Tackling persistent gender disparities** in sports participation and leadership by raising awareness among sports professionals
- **Establishing collaboration between expert partners** to share best practices and develop a common framework for gender equality training

EXPECTED RESULTS

1. Mapping and analysis of existing training materials

Conducting a comprehensive mapping and analysis of existing training materials on gender equality in sports. The findings will be compiled into an internal report, which will serve as a foundation for the next activities.

2. Production of training content aimed at sports trainers

Developing high-quality training materials designed to enhance the skills and knowledge of sports trainers. This involves a training module, a toolkit, and a guide to support the implementation of gender equality practices in sports.

3. Pilot test of the training materials

Disseminating the training module to a sample of sports trainers and educators. Feedback will be collected and analysed to identify improvements to produce a final version.

4. Raising awareness of gender equality in sport

Ensuring the visibility and impact of PROGRESS while promoting gender equality in sport by effectively training current and future professionals.

PARTNERSHIP

PROGRESS is driven by a strong partnership of organisations committed to promoting gender equality in sport. The consortium brings together complementary skills and expertise to support and empower sports trainers in this area.



Fédération Nationale Profession Sport & Loisirs
(France)



European Gay and Lesbian Sport Federation
(The Netherlands)



Federación Valenciana de Municipios y Provincias
(Spain)

FVMP

Federació Valenciana
de Municipis i Províncies

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